

CHRISTOPHER & CHRISTINE PERRIN'S

Prayers for Moms

BOOK IDEAS:

1. The Daily Hours by Phillis Tickle (3 volumes)
2. The Book of Common Prayer

A DAILY PRAYER TO START THE DAY:

Grant unto me, O Lord, that with peace of mind I may face all that this new day is to bring. Grant unto me to dedicate myself completely to Thy Holy Will. For every hour of this day, instruct and support me in all things. Whatsoever tidings I may receive during the day, do Thou teach me to accept tranquilly, in the firm conviction that all eventualities fulfill Thy Holy Will. Govern Thou my thoughts and feelings in all I do and say. When things unforeseen occur, let me not forget that all cometh down from Thee. Teach me to behave sincerely and rationally toward every member of my family, that I may bring confusion and sorrow to none. Bestow upon me, my Lord, strength to endure the fatigue of the day, and to bear my part in all its passing events. Guide Thou my will and teach me to pray, to believe, to hope, to suffer, to forgive, and to love. Amen.

PRAYERS IN TIMES OF TROUBLE:

1. Almighty God, the Father of mercies and God of all comfort, come to my help and deliver me from this difficulty that besets me. I believe Lord, that all trials of life are under Your care and that all things work for the good of those who love You. Take away from me fear, anxiety and distress. Help me to face and endure my difficulty with faith, courage and wisdom. Grant that this trial may bring me closer to You for You are my rock and refuge, my comfort and hope, my delight and joy. I trust in Your love and compassion. Blessed is Your name, Father, Son and Holy Spirit, now and forever. Amen.

2. O God, our help in time of need, Who are just and merciful, and Who inclines to the supplications of His people. Look down upon me and have mercy on me and deliver me from the trouble that now besets me. Deal with us not according to our iniquities, but according to Your manifold mercies, for we are the works of Your hands, and You know our weaknesses. I pray to you to grant me Your divine helping grace, and endow me with patience and strength to endure my hardships with complete submission to Your Will. Only You know our misery and sufferings, and to You, our only hope and refuge, I flee for relief and comfort, trusting in Your infinite love and compassion, that in due time, when You know best, You will deliver me from this trouble, and turn my distress into comfort. We then shall rejoice in Your mercy, and exalt and praise Your Holy Name, O Father, Son and Holy Spirit, both now and forever and to the ages of ages. Amen.

RECORDED PRAYER SERVICE:

Akathist: stunningly beautiful service that is full of gratitude and thanksgiving in particular ways.